

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1	L1: SMSC – Who is in your family?	L1: SMSC – How do your family make you feel?	L1: Setting ground rules L2: SMSC - What is family? L3: What are friendships? L4: Recognising other people's emotions L5: Working with others L6: Friendship problems	L1: Setting ground rules L2: SMSC - Families offer stability and love L3: Families are different L4: Other peoples' feelings L5: Unhappy friendships L6: Introduction to manners and courtesy	L1: Setting ground rules L2: SMSC - Healthy families L3: Friendship conflict and Friendship: conflict vs bullying L4: Effective communication L5: Learning who to trust L6: Respecting differences in others	L1: Setting ground rules L2: SMSC - Healthy friendships L3: Respect and manners L4: How my behaviour affects others L5: Bullying L6: Stereotypes: Gender and disability	L1: Setting ground rules L2: SMSC - Build and friend and friendship skills L3: Marriage L4: Respecting myself L5: Family life L6: Bullying	L1: Setting ground rules L1: SMSC - Respect and respectful relationships L3: Stereotypes: attitudes L4: Challenging stereotypes L5: Resolving conflicts L6: Change and loss
Term 2	L1: SMSC – How are these people feeling?	L1: SMSC – What makes you happy or sad?	L1: SMSC - Understanding my emotions L2: Healthy friendships L3: Gender stereotypes L4: What am I like?	L1: SMSC - Being active L2: Change and loss L3: Gender stereotypes: careers and jobs	L1: SMSC - Relaxation: stretches L2: Stereotyping: age and gender L3: My healthy diary	L1: SMSC - Relaxation: Visualisation L2: Families in the wider world L3: Change and loss	L1: SMSC - Relaxation: yoga L2: Stereotyping: gender, race and religion	L1: SMSC - Relaxation: Mindfulness L2: What can I be? L3: Taking responsibility for my health

			L5: Ready for bed L6: Relaxation L7: Hand washing and personal hygiene	L4: Experiencing different emotions L5: Relaxation: breathing and exercises L6: Steps to success L7: Developing a growth mindset	L4: Wonderful me L5: My superpowers L6: Resilience: breaking down barriers L7: Communicating my feelings	L4: Celebrating mistakes L5: Meaning and purpose: my role L6: My happiness L7: Emotions	L3: The importance of rest L4: Embracing failure L5: Going for goals L6: Taking responsibilities for my feelings L7: Healthy meals	L4: The impact of technology on health L5: Resilience toolbox L6: Immunisation L7: Good and bad habits
Term 3	L1: SMSC – What happens if I make the wrong choice at school?	L1: SMSC – Why is it important to use kind hands and feet and what happens if we don't?	L1: SMSC - Adults outside school L2: Sun safety L3: Allergies L4: Adults in school L5: Getting lost L6: Making an emergency call	L1: SMSC - Communicating online L2: Healthy diet L3: Looking after our teeth L4: Introduction to the internet L5: Secrets and surprises L6: Appropriate contact: my private parts	L1: SMSC - First aid: Emergencies and calling for help L2: Diet and dental health L3: First aid: Bites and stings L4: Be kind online L5: Cyberbullying L6: Fake emails	L1: SMSC - Looking after our teeth L2: My mental health L3: Internet safety: age restrictions L4: Share aware L5: First aid: asthma L6: Privacy and secrecy	L1: SMSC - Online friendships L2: Sun safety L3: Puberty L4: Emotional changes in puberty L5: Menstruation L6: Staying safe online	L1: SMSC - Social media L2: Alcohol L3: Critical digital consumers L4: Physical and emotional changes of puberty L5: First aid: chocking and basic life support L6: Food choices and environment

Term 4	L1: SMSC – What are our school rules and why do we follow them?	L1: SMSC – What are the Cedar attributes and why are they important?	L1: SMSC - Rules L2: Appropriate contact L3: Safety with substances L4: Safety at home L5: People who help keep us safe L6: Caring for others: animals	L1: SMSC - Rules beyond school L2: Appropriate contact: my private parts are private L3: Respecting personal boundaries L4: Road safety L5: Crossing roads safely L6: Staying safe with medicine	L1: SMSC - Right of the child L2: Making choices L3: Influences L4: Keeping safe out and about L5: Rights and responsibilities L6: Recycling	L1: SMSC - What are human rights? L2: Consuming information online L3: Growing up L4: Introducing puberty L5: Tobacco L6: Caring for the environment	L1: SMSC - Rights and responsibilities L2: First aid: Bleeding and head injuries L3: Alcohol, drugs and tobacco: Making decisions L4: Breaking the law L5: Protecting the planet L6: Contributing to the community	L1: SMSC - Human rights L2: Caring for others L3: Prejudice and discrimination L4: Valuing diversity L5: National democracy L6: How do people navigate their feelings about money?
Term 5	L1: SMSC – What is your favourite coin and what can you do with it?	L1: SMSC – What can money buy?	L1: SMSC - Keeping money safe L2: Caring for others: animals L3: The needs of others L4: Similar, yet different L5: Belonging	L1: SMSC - Exploring needs and wants L2: Our school environment L3: Our local environment L4: Job roles in our local community L5: Similar yet different – my	L1: SMSC - How do people pay for things? L2: Local community groups L3: Charity L4: Local democracy L5: Rules L6: What does budgeting mean?	L1: SMSC - Why keep track of money L2: Community L3: Contributing L4: Diverse communities L5: Local councillors	L1: SMSC - What is borrowing and loaning? L2: Protecting the planet L3: Contributing to the community L4: Pressure groups L5: Parliament	L1: SMSC - How do people keep money safe? L2: What money responsibilities are there in secondary schools? L3: What are the risks of gambling?

			L6: Democratic decisions	local community L6: School council		L6: What is value for money?	L6: Why prioritise needs over wants?	
Term 6	L1: SMSC Transition to reception	L1: SMSC Transition lesson	L1: SMSC Transition lesson L2: What is money L3: What is a bank? L4: Saving and spending L5: Jobs in school L6: Jobs out of school	L1: SMSC Transition lesson L2: Giving my opinion L3: Where does money come from? L4: Bank cards and accounts L5: My skills and talents L6: Everyone is welcome	L1: SMSC Transition lesson L2: How do people feel about money? L3: What happens when people spend money? L4: What careers do people have? L5: Can anyone be anything?	L1: SMSC Transition lesson L2: What ways are there to keep track of money? L3: What influences career choices L4: Why make a career change? L5: How can work place stereotypes be challenged?	L1: SMSC Transition lesson L2: What is a weekly budget? L3: What are the risks of handling money online? L4: Why challenge stereotypes? L5: What makes a suitable career?	L1: SMSC Transition lesson L2: What is a workplace? L3: What career routes are there? L4: What is identity? L5: Identity and body image L6: Conception and pregnancy and birth (parents can withdraw)

Introduction lesson (setting ground rules) to be taught alongside Term 1 SMSC

SMSC

Family and relationships

Health and wellbeing

Safety and the changing body

Citizenship

Economic wellbeing

Transition lesson

Identity (year 6)