

Cedar PE Curriculum Plan 2024-2025

| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
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| Reception | Introduction to movement/Cool kids assessments INDOOR | Ball Skills Circuits (rolling, sliding, bouncing, catching) | Gymnastics (Exploratory approach, shapes and movement) INDOOR | Games Bat and ball skills (hitting and throwing) | Athletics (Sports Day prep) | Games Bench Ball INDOOR/OUTDOOR |
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| Year 1 | Multi Skills Outdoor | Dance INDOOR | Gymnastics INDOOR | Striking and Fielding Kwik cricket | Athletics (Sports Day prep) | Invasion Games Tag rugby |
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| Year 2 | Speed, Agility and Quickness Outdoor | Invasion Games Basketball | Gymnastics INDOOR | Dance INDOOR | Athletics (Sports Day prep) | Invasion Games Hockey |
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| Year 3 | Invasion Games Football | Invasion Games Basketball | Invasion Games Hockey | Net Games Badminton INDOOR | Invasion Games Tag Rugby | Dance |
| | HRF Outdoor | Multi skills INDOOR | Gymnastics Balancing and floor routines INDOOR | Striking and Fielding Rounders | Invasion Games Netball | Athletics (Sports Day prep) |
| Intra school competition | Football goals scored in 3 minutes | Basketball goals scored in 3 minutes | Hockey goals scored in 3 minutes | Number of badminton passes in 3 minutes | Netball goals scored in 3 minutes | Number of hurdles in 3 minutes |
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| Year 4 | HRF Outdoor | Invasion Games Basketball | Invasion Games Hockey | Dance INDOOR | Swimming (Different times of the year depending on class) | Striking and Fielding Rounders |

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| | Invasion Games Football | Multi skills INDOOR | Gymnastics Balancing and floor sequences INDOOR | Invasion Games Tag Rugby | Net Games Tennis | Athletics (Sports Day prep) |
| Swimming (1 class for 1 full term) | | | | | | |
| Intra school competition | Football goals scored in 3 minutes | Basketball goals scored in 3 minutes | Hockey goals scored in 3 minutes | Number of rugby passes in 3 minutes | Number of tennis passes in 3 minutes | Number of hurdles in 3 minutes |
| Year 5 | Invasion Games Basketball | Net Games Badminton INDOOR | Invasion Games Tag Rugby | Striking and Fielding Kwik Cricket | Invasion Games Football | Dance |
| | Invasion Games Hockey | Net Games Tennis | Invasion Games Netball | Gymnastics (Flight & Floor sequences) INDOOR | Athletics (Sports Day prep) | Outdoor adventure activities (OAA) |
| Intra school competition | Hockey goals scored in 3 minutes | Number of tennis passes in 3 minutes | Netball goals scored in 3 minutes | Number of cricket ball passes in 3 minutes | Football goals scored in 3 minutes | Number of hurdles in 3 minutes |
| Year 6 | Invasion Games Hockey | Net Games Badminton INDOOR | Invasion Games Tag Rugby | Striking and Fielding Kwik Cricket | Invasion Games Football | Dance |
| | Invasion Games Basketball | Net Games Tennis | Invasion Games Netball | Gymnastics (Flight & Floor sequences) INDOOR | Athletics (Sports Day prep) | Outdoor adventure activities (OAA) |
| Intra school competition | Hockey goals scored in 3 minutes | Number of tennis passes in 3 minutes | Netball goals scored in 3 minutes | Number of cricket ball passes in 3 minutes | Football goals scored in 3 minutes | Number of hurdles in 3 minutes |