

# AUTUMN/WINTER 2024/2025 MENU



# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Macaroni Cheese V	Classic Beef Burger with potato wedges	Roast Gammon with roast potatoes and gravy H	BBQ Chicken Pizza with nut-free pesto pasta H	Southern Fried Chicken with chips
	OR	OR	OR	OR	OR
<b>OPTION 2</b>	Cheesy Bean Burrito V	Quorn Burger with potato wedges V	Roast Quorn with roast potatoes and gravy V H	Meatless Feast Cheesy Pizza with nut-free pesto pasta V H	Veggie Fingers with chips V
	OR	OR	OR	OR	OR
<b>OPTION 3</b>	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings including salmon mayo F	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V
	OR	OR	OR	OR	OR
<b>OPTION 4</b>	Tomato Pasta fresh, homemade tomato sauce with penne pasta V H	Tomato Pasta fresh, homemade tomato sauce with penne pasta V H	Tomato Pasta fresh, homemade tomato sauce with penne pasta V H	Tomato Pasta fresh, homemade tomato sauce with penne pasta V H	Tomato Pasta fresh, homemade tomato sauce with penne pasta V H

**ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE**

<b>DESSERT</b>	Chocolate Brownie	Apple Crumble with custard	Rice Pudding with jam or chocolate spread	Flapjack with fruit wedges	Raspberry Jelly
	OR	OR	OR	OR	OR
	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A	Fresh fruit or yoghurt A

**OPTION 5 PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water



V Vegetarian   F Oily Fish   H Wholegrain   A Fruity!   H Nutritionist's Choice   H Halal Available




























Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# AUTUMN/WINTER 2024/2025 MENU



# WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Veggie Supreme Pizza with nut-free pesto pasta  	Beef Bolognese with wholemeal pasta 	Roast Beef with roast potatoes and gravy 	Chicken and Vegetable Pie with mashed potato and gravy 	Crispy Chicken Burger with chips
	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>OPTION 2</b>	Vegetable Fajita with wholegrain rice  	Chinese Vegetable Noodles 	Winter Vegetable Hot Pot with gravy  	Macaroni Cheese 	Quorn Dippers with chips 
	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>OPTION 3</b>	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings including salmon mayo 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 
	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>OPTION 4</b>	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  

**ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE**





<b>DESSERT</b>	Chocolate Cookie	Apple and Cinnamon Sponge with custard	Fruits of the Forest Jelly 	Orange Glazed Sticky Sponge Pudding with custard	Crunchy Chocolate Mousse
	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 

**OPTION 5 PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water




 **Vegetarian**  **Oily Fish**  **Wholegrain**  **Fruity!**  **Nutritionist's Choice**  **Halal Available**


































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# AUTUMN/WINTER 2024/2025 MENU



# WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Cheese and Tomato Pizza with nut-free pesto pasta  	Pork Sausages with mashed potato and gravy	Roast Chicken with roast potatoes and gravy 	Chicken and Vegetable Korma with wholegrain rice 	Breaded Fish Fingers with chips
<b>OPTION 2</b>	Chilli No Carne with Crispy Tortilla with wholegrain rice  	Quorn Sausages with mashed potato and gravy 	Roasted Vegetable Cranberry Slice with roast potatoes and gravy  	Vegetable Korma with rainbow rice 	BBQ Quorn Fillet with wholemeal rice 
<b>OPTION 3</b>	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings including salmon mayo 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 
<b>OPTION 4</b>	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  	Tomato Pasta fresh, homemade tomato sauce with penne pasta  
<b>ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE</b>					
<b>DESSERT</b>	Chocolate Beet Brownie with orange slices 	Bread and Butter Pudding with custard	Sicilian Lemon Cookie with fruit wedges 	Jam and Coconut Sponge with custard	Vanilla Ice Cream
	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 

**OPTION 5 PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water




 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available

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